

SKIN CARE MADE SIMPLE

It's so important to have a good skincare routine if you want your makeup to sit well & last. Here's a rundown of the key steps & some of my favourite tried & tested products. Use my code **LFTFKATSYKES** for up to 20% off on Look Fantastic.



CLEANSE & EXFOLIATE

I prefer facebrushes to scrubs as I find they don't strip your natural oils as much or mess with your skin barrier & they're gentle enough to use every day. The Liz Earle Cream Cleanser is my fave for a double cleanse.

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TONE

Toner is the one that most people skip & it makes a big difference to how your foundation will sit! I love the UpCircle one as it comes in a spray bottle which saves on cotton pads & smells amazing. CeraVe is great if you have sensitive skin.



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EYE CREAM

Using eye cream regularly will help your concealer to sit well & reduce it from caking up. The Kiehl's Avocado is divine, especially for drier skin types & it will last you forever. The Ginzing brightening is great for normal-oily skin & dark circles as it has a little colour in it & comes in different shades.

Kat Sykes

HAIR & MAKEUP ARTIST

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MOISTURISE

Moisturisers can be a minefield as there's so many to choose from! Here are a couple I know sit well under makeup. Confidence in a Cream is great for normal-dry complexions, it literally melts into your skin! Origins Clear Improvement is a good one for oily skin.

SPF

If your moisturiser or foundation doesn't contain it, it's important to add an SPF to your routine. Yes, EVEN in the winter. These guys are both good for sensitive skin, absorb really well & are non-greasy.



FACE MASKS

Face masks are a great one to add in once-twice a week if you have an event coming up (like your wedding!) You can alternate between a clarifying clay mask & a moisturising sheet one, or stick to clay if your skin is really oily or vice versa if it's very dry.



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